

# A midwife is not afraid of life.

Anita Diamant

## What patients are saying

"Midwives accept what you want regarding birth and delivery without making you feel you are wrong and should do differently"

"Midwives listened and I felt was genuinely concerned about how things were going for me"

"I truly appreciate her thoroughness, patience and obvious care she demonstrated towards others"

"Every woman should have a midwife as far as I am concerned"

"She was by my side throughout the entire labor and offered me tremendous support"

"Midwives are just WONDERFUL — couldn't have asked for any better people"



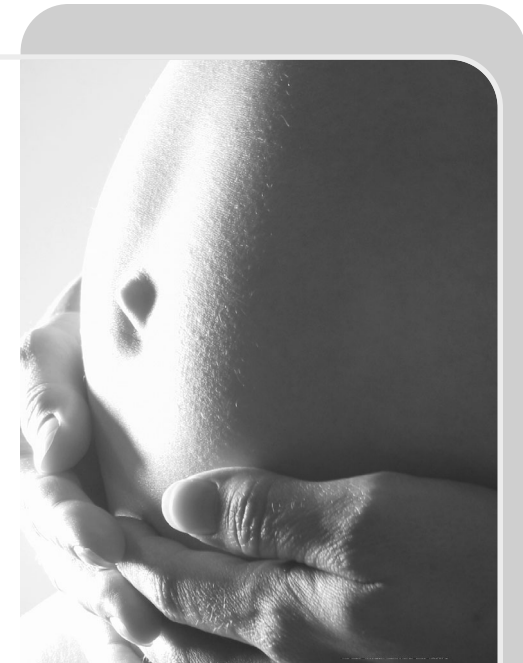
## NORTH METRO MIDWIVES, P.A.

ADDRESS 8301 Golden Valley Road, Suite 100  
Golden Valley, MN 55427

PHONE [763] 520-2211

EMAIL [ksimon@northmetromidwives.com](mailto:ksimon@northmetromidwives.com)

WEB [www.northmetromidwives.com](http://www.northmetromidwives.com)



**NORTH METRO  
MIDWIVES, P.A.**

**Certified Nurse-Midwives will listen to you, learn about your health care concerns, and will take special care that you never feel rushed during your visits.**

### Have You Ever Considered a Certified Nurse-Midwife?

A Certified Nurse-Midwife (CNM) is an individual educated in the two disciplines of nursing and midwifery, who possesses evidence of certification according to the requirements of the American College of Nurse-Midwives.

### Are Certified Nurse-Midwives Safe?

CNMs work in collaboration with physicians. If your health care should become high-risk your care will be transferred to a physician.

CNMs are certified by ACC, credentialed and are members of the American College of Nurse-Midwives.



### What Can a Certified Nurse-Midwife Offer?

- Well-Woman Annual Health Care Visits
- Prenatal and Postnatal Health Care
- Perimenopausal / Menopausal Health Care
- Family Planning and Birth Control
- Deliveries at North Memorial Medical Center in Robbinsdale, MN
- Maintenance of Minor Health Concerns
- First Pap Smears
- Sexually Transmitted Disease Diagnosis and Treatment
- Maintenance of Minor OB and GYN Concerns
- Breast Feeding Concerns
- Preconceptional Counseling
- Personalized, Empowering Family-Centered Care
- Personalized Assistance for Health and Pregnancy Concerns, Available 24 Hours a Day

## Philosophy of the **NORTH METRO MIDWIVES, P.A.**

Certified Nurse-Midwives believe that every individual has a right to safe, satisfying health care with respect for human dignity and cultural variations. ACNM (American College of Nurse-Midwives) further supports each person's right to self-determination, to complete information and to active participation in all aspects of care. ACNM members believe the normal process of pregnancy and birth can be enhanced through education, health care and supportive interventions.

### Clinic Location

**ADDRESS** 8301 Golden Valley Road, Suite 100  
Golden Valley, MN 55427

**PHONE** [763] 520-2211

**EMAIL** [ksimon@northmetromidwives.com](mailto:ksimon@northmetromidwives.com)

**WEB** [www.northmetromidwives.com](http://www.northmetromidwives.com)

**NOW OPEN!**

Please Call For an Appointment  
or For Further Assistance.